

# *23 Tips for Boosting Morale while leading from home*

*How are you keeping Morale up for your team during these uncertain times?*

*I asked leaders the same question and they shared some great ideas that I'm sharing with leaders like yourself. And I couldn't help myself, I added some of my go-to tricks to the list!*

1) Play work from home bingo with prizes



2) Provide a list of local resources for your team and their families

3) Ship local food favorites to your department



4) Do not always require video while on Zoom or Webex meetings



5) Give a free "holiday" so your team can have a break from juggling working from home and family



6) Pay for membership to a meditation site like Calm or Headspace

7) Send mini bottles of champagne to your team

8) Send personal notes with candy



9) Encourage your team to check on at least 5 people who they have not talked to during quarantine

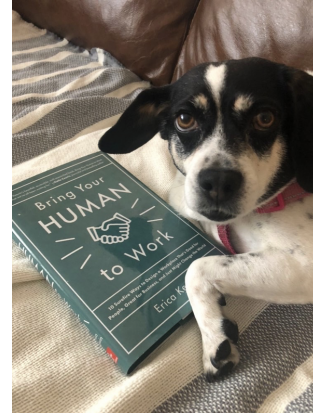
10) Assign co-workers to call and check in on each other at least once a week



11) Give your team permission to not worry about children or family noise in the background

12) Name a Dog of the Week!

13) Share activities that your team can do with their children



14) Send cupcakes to your team on birthdays



15) Hold virtual happy hours, lunches and coffee dates

16) Create theme dress up days for meetings



17) Hold video meetings instead of conference calls



18) Be as transparent as possible when answering difficult questions



19) Check on your team individually with video calls

20) Play lunchtime Pictionary at (<https://jackbox.tv/>)

21) Celebrate your team's wins on a weekly basis



22) Give random half or full days off

23) Remind your team of the value that they bring to the organization







# Hi, I'm Jahaan Blake. Career Coach, and Consultant

What I've learned in my 18 years of working in the sports industry...it's not easy. Period.

Becoming a female leader in the sports industry is even more difficult. And being a woman of color as a leader in this industry is even harder than the first two combined. Just like you I've experienced frustration, worry, and stress trying to be acknowledged for the value I brought to the table.

One thing I know for sure – you are good enough to become a leader in sports. And I'm going to show you how to get the recognition you deserve that will turn management's head and have them asking themselves, "Where have you been hiding?"

Join me on my journey. I'm on a mission to help ambitious women just like you create the career they've always wanted in the sports industry.

Let's Talk! Join me for a free call so we can talk about how to give you a competitive advantage.

Schedule your free 20 minute discovery session here: [Yes! Let's Talk!](#)



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## What Others Have To Say

"Jahaan has been an incredible resource for me, both personally and professionally. I've known her for over 8 years, and she's always made time for me when I needed it. She's shown me how to not only navigate this male-dominated industry we work in, but how to do so with poise and tenacity. She's been there for every step of my career and I've never found a conversation, topic or situation I couldn't go to her with. She's a true trailblazer and major resource for women looking to advance in sports business."

**Amanda Schutte**  
Performance Health  
Manager, Partnerships & Experiential



"Jahaan is someone I will always look up to and be grateful for. Our paths crossed early on in my career which ultimately helped mold me into the person I am today. She not only teaches you how to be better in your role, but prepares you for any path your journey may take. My first jobs were in sports, but I then transitioned into the advertising world before ultimately returning to professional sports and working in the NBA. Everything I learned from her was applicable and beneficial to every position I have held to date. I truly believe that without Jahaan's guidance and the way she led by example, I would not have been able to reach my dream of excelling in my career. Jahaan continues to be a mentor and I will consider her a friend for life"

**Clare Summers**  
Los Angeles Lakers  
Executive Assistant to Head Coach

